

## TEXAS MEDICAID Clinical Edit Prior Authorization Growth Hormones: HUMATROPE, NUTROPIN AQ, OMNITROPE, SAIZEN

STEP 1: CLEARLY PRINT AND COMPLETE TO EXPEDITE PROCESSING				
Date:	Prescriber First & Last Name:			
Patient First & Last Name:	Prescriber NPI:			
Patient Address:	Prescriber Address:			
Patient ID:	Prescriber Phone:			
Patient Date of Birth:	Prescriber Fax:			
STEP 2: MEDICATION INFORMATION				
Medication Requested (Name):	Quantity Requested:			
Dose Requested:	Dosing Instructions:			
Patient's Primary Diagnosis:	ICD 10 Code:			
Please indicate ONE (1) of the following:  STAR / STAR KIDS client (Go to Step 3 -	PDL PA Criteria Applies)			
OR CHIP / PERINATE client (Go to Sten 4)	,			
OR CHIP / PERINATE client (Go to Step 4)  STEP 3: PDL PRIOR AUTHORIZATION CRITERIA FOR NON-PREFERRED PRODUCT				
Has the client been stable on one (1) non-prefe				
☐ Yes (Go to Step 4 Question 1)	☐ No (Go to #2)			
2. Has the client failed a 30-day treatment trial wit days?	h at least one (1) preferred agent in the last 180			
☐ Yes (Go to Step 4 Question 1)	☐ No (Go to #3)			
3. Is there a documented allergy or contraindication	on to preferred agents in this class?			
☐ Yes (Go to Step 4 Question 1)	☐ No (Go to #4)			



	Is the drug necessary for treatment of stage-4 advanced metastatic cancer and associated conditions?		
	☐ Yes (Go to Step 4 Question 1)	☐ No (Deny)	
STI	EP 4: CLINICAL PRIOR AUTHORIZATION CRI	ITERIA	
1.	Is the client 0 to 16 (greater than (>) 0 and les	ss than or equal to (≤) 16) years of age?	
	☐ Yes (Go to # 2)	☐ No (Go to # 9)	
2.	Does the client have a diagnosis of growth hormone deficiency (GHD) or idiopathic short stature (ISS) in the last 3 years?		
	☐ Yes (Go to # 8)	☐ No (Go to # 3)	
3.	Does the client have a diagnosis of panhypop	ituitarism in the last 3 years?	
	☐ Yes (Go to # 4)	☐ No (Go to # 5)	
4.	I. Has the client had at least 2 claims for the requested medication in the last 90 days (stable therapy)?		
	☐ Yes (Go to # 13)	☐ No (Go to # 8)	
5.	<ul> <li>Does the client have a diagnosis of ONE (1) of the following in the last 3 years?</li> <li>Short Stature Homeobox-Containing Gene (SHOX) Deficiency</li> <li>Turner Syndrome</li> <li>Noonan Syndrome</li> <li>Prader-Willi Syndrome</li> </ul>		
	☐ Yes (Go to # 13)	☐ No (Go to # 6)	
6.	Does the client have a diagnosis of chronic kid	dney disease (CKD) in the last 3 years?	
	☐ Yes (Go to # 7)	☐ No (Deny)	
7.	Does the client have a history of a renal trans	plant (CPT) in the last 3 years?	
	☐ Yes (Deny)	☐ No (Go to #8)	
8.	B. Does the submitted documentation support the requested diagnosis? [Manual Step - NOTE: For initial requests, documentation must be from within the past 12 months. For renewal requests, documentation must be from within the past 6 months].		
	☐ Yes (Go to # 13)	☐ No (Deny)	



9. Does the client have a diagnosis of panhypopituitarism in the last 3 years?		
☐ Yes (Go to # 11)	☐ No (Go to # 10)	
10. Does the client have a diagnosis of growth hormone deficiency (GHD) or idiopathic short stature (ISS) in the last 3 years?		
☐ Yes (Go to # 12)	☐ No (Deny)	
11. Has the client had at least 2 claims for the rec therapy)?	quested medication in the last 90 days (stable	
☐ Yes (Go to # 13)	☐ No (Go to # 12)	
12. Does the submitted documentation support the requested diagnosis? [Manual Step - NOTE: For initial requests, documentation must be from within the past 12 months. For renewal requests, documentation must be from within the past 6 months].		
☐ Yes (Go to # 13)	☐ No (Deny)	
13. Does the client have a diagnosis of active malignancy in the last 180 days?		
☐ Yes (Deny)	☐ No (Go to # 14)	
14. Does the client have a history of chemotherapy/radiation (CPTs) in the last 180 days?		
☐ Yes (Deny)	☐ No (Go to # 15)	
15. Does the client have a diagnosis of active proliferative or severe non-proliferative diabetic retinopathy in the last 365 days?		
☐ Yes (Deny)	☐ No (Approve – 365 days)	
STEP 5: SIGN AND FAX TO: NAVITUS PRIOR AUTHORIZATION AT: 855-668-8553		
Prescriber Signature:	Date:	

If criteria not met, submit chart documentation with form citing complex medical circumstances. For questions, please call Navitus Customer Care at 1-877-908-6023.



## **GROWTH HORMONE QUICK REFERENCE GUIDE**

## **Testing Requirements for Clients ≤ 16 Years of Age**

Growth Hormone (Excluding Serostim and Zorbtive) Growth Hormone Deficiency, Idiopathic Short Stature, Panhypopituitarism, Chronic Kidney Disease, SHOX Deficiency, Turner Syndrome, Noonan Syndrome and Prader-Willi Syndrome in Children		
Diagnosis	<b>Testing Requirements:</b> For initial requests, documentation must be from within the past 12 months. For renewal requests, documentation must be from within the past 6 months	
Panhypopituitarism	<ul> <li>Initiation of GH Therapy:         <ul> <li>IGF-1 level &lt; 160 ng/mL, AND</li> </ul> </li> <li>Failure to respond (response ≤ 5 ng/mL) to one growth hormone stimulation test (Note: children &lt; 12 months of age are excluded from provocative testing)</li> <li>Renewal of GH Therapy:         <ul> <li>No additional testing is required</li> </ul> </li> </ul>	
Growth Hormone Deficiency (GHD)	<ul> <li>Initiation of GH Therapy:         <ul> <li>Failure to respond (response &lt; 10 ng/mL) to at least 2 growth hormone stimulation tests (Note: children &lt; 12 months of age are excluded from provocative testing), AND</li> <li>Patient's height &gt; 2.25 SD below the mean for age OR patient's height &gt; 2 SD below the midparental height percentile, AND</li> <li>Growth velocity &lt; 25th percentile for bone age</li> </ul> </li> <li>Renewal of GH Therapy:         <ul> <li>Patient's growth should exceed 2 cm/year, AND</li> <li>Epiphyses are open</li> </ul> </li> </ul>	
Idiopathic Short Stature (ISS)	<ul> <li>Initiation of GH Therapy:         <ul> <li>Height &gt; 2.25 SD below the mean for age, AND</li> <li>Predicted adult height &lt; 63 inches for males and &lt; 59 inches for females</li> </ul> </li> <li>Renewal of GH Therapy:         <ul> <li>Patient's growth should exceed 2 cm/year, OR show an increase in height velocity of 50%, OR an increase of at least 2.5 cm/year above the baseline height velocity, AND</li> </ul> </li> <li>Epiphyses are open</li> </ul>	



Chronic Kidney Disease	<ul> <li>Initiation of GH Therapy:         <ul> <li>GFR ≤ 75mL/min/1.73m², AND</li> </ul> </li> <li>Patient's height &gt; 2.25 SD below the mean for age OR patient's height &gt; 2 SD below the midparental height percentile OR patient's Z score &lt; -1.88, AND</li> <li>Pre-transplant</li> <li>Renewal of GH Therapy:         <ul> <li>Patient's growth should exceed 2 cm/year, AND</li> <li>Pre-transplant, AND</li> <li>Epiphyses are open</li> </ul> </li> </ul>
SHOX Deficiency, Turner Syndrome, Noonan Syndrome and Prader-Willi Syndrome	Diagnosis only is required, no additional testing is requested



## **Testing Requirements for Clients > 16 Years of Age**

Growth Hormone (Excluding Serostim and Zorbtive) Panhypopituitarism, Growth Hormone Deficiency or Idiopathic Short Stature in patients > 16 years of age		
Diagnosis	<b>Testing Requirements:</b> For initial requests, documentation must be from within the past 12 months. For renewal requests, documentation must be from within the past 6 months	
Panhypopituitarism	<ul> <li>Initiation of GH Therapy:         <ul> <li>IGF-1 level &lt; 160 ng/mL, AND</li> </ul> </li> <li>Failure to respond to one growth hormone stimulation test (response ≤ 5ng/mL)</li> <li>Renewal of GH Therapy:</li> </ul>	
	No additional testing is required	
Idiopathic Short Stature (ISS)	<ul> <li>Renewal of GH Therapy:</li> <li>If patient has been treated as a pediatric patient (≤ 16 years of age) and is requesting a refill, patient's growth should exceed 2 cm/year, AND</li> <li>Bone age &lt; 16 years, AND</li> <li>Epiphyses are open</li> </ul>	
Growth Hormone Deficiency (GHD) with no other pituitary deficiency	Initiation of GH Therapy:  IGF-1 level < 160 ng/mL, AND  Failure to respond to two growth hormone stimulation tests (response ≤ 5ng/mL)  Renewal of GH Therapy:  No additional testing is required	